



A HOLISTIC APPROACH TO WELLBEING

HEALTH SCREENINGS

There are many benefits to offering Health Screenings to your employees. For example, they are easy and cost effective to implement, they increase employee morale and they are delivered by qualified health screening practitioners within the workplace.

WHAT ARE HEALTH SCREENINGS?

Health Screening allows an employee to see where their health is at currently and with guidance and support, make lifestyle changes to improve it. Health Shield offers a range of affordable health screens to help businesses stop and take stock of their employees' health and wellbeing.

WHO CAN USE HEALTH SCREENINGS?

Health Screenings are available to all employees.

WHY SHOULD I OFFER HEALTH SCREENINGS?

It shows employees that you really care about their health both inside and outside of work.

There are many reasons as to why you should offer health screenings, these include:

- ▶ Easy and cost effective to implement.
- ▶ Delivered by qualified health screening practitioners within the workplace.
- ▶ They offer personalised and comprehensive health reporting for each employee and provide advice to encourage positive lifestyle changes.
- ▶ Company-wide health report that can support employee wellbeing strategies.
- ▶ Reduced absenteeism.
- ▶ Increased employee morale.
- ▶ Enhanced benefits packages to attract and retain staff.

HOW DO HEALTH SCREENINGS WORK?







There are 5 levels of screening to choose from with up to 32 health tests available. Businesses simply choose a level that suits the needs of their workforce. Health Shield pride themselves on delivering a full health support service. They won't just leave employees to work out what their test results mean they provide a helpline that's open all year round for further guidance and support.

WHEN IS THE BENEFIT RECEIVED?

The health screenings are not treated as a benefit in kind by HMRC so can be claimed as a business expense, up to one health screening per employee in any tax year.

HEALTH SCREENING COSTINGS

Ideal for men and women aged 18-70 ▶ 30-90 minute screening time ▶ £70-£300 per employee¹

		Level of Screening	Level 1	Level 2	Level 3	Level 4	Level 5
		Length of Screen <i>minutes</i>	30	45	60	60	90
		Cost	£70	£100	£160	£210	£300
	Body Profile	Height, Weight and BMI	✓	✓	✓	✓	✓
		Body Fat %	✓	✓	✓	✓	✓
		Visceral Fat Test - <i>Abdomen Fat</i>	✓	✓	✓	✓	✓
		Metabolic Rate	✓	✓	✓	✓	✓
		Hydration Test - <i>Water Level In Body</i>	✓	✓	✓	✓	✓
		Bone Mass Assessment - <i>Not Osteoporosis</i>	✓	✓	✓	✓	✓
	Blood Profile	Blood Glucose - <i>Diabetes Blood Test</i>	✓	✓	✓	✓	✓
		Haemoglobin - <i>Red Blood Cell Test</i>	✓	✓	✓	✓	✓
		CRP Test - <i>Inflammation of the Joints / Arthritis Test</i>					✓
		Gout Blood Test					✓
	Vital Organs	Leukocytes - <i>Kidney Infection Test</i>	✓	✓	✓	✓	✓
		Nitrite - <i>Bacteria Infection Test</i>	✓	✓	✓	✓	✓
		Protein - <i>Kidney Disease Test</i>	✓	✓	✓	✓	✓
		Ketones - <i>Dietary Protein Balance Test</i>	✓	✓	✓	✓	✓
		Liver Disease Test	✓	✓	✓	✓	✓
		Blood in Urine - <i>Kidney Disease Test</i>	✓	✓	✓	✓	✓
		Lung Function - <i>Respiratory Test</i>	✓	✓	✓	✓	✓
	Heart	Blood Pressure Test	✓	✓	✓	✓	✓
		Blood Oxygen Saturation	✓	✓	✓	✓	✓
		ECG - <i>Electrocardiogram</i>	✓	✓	✓	✓	✓
		Cardio Fitness Test	✓	✓	✓	✓	✓
		Total Cholesterol Test	✓	✓	✓	✓	✓
		HDL Cholesterol Test - <i>Good Cholesterol</i>	✓	✓	✓	✓	✓
		Stress Cardiomyopathy Test			✓	✓	✓
		Arteriosclerosis - <i>Hardening of the Arteries</i>			✓	✓	✓
		LDL Cholesterol/Triglyceride Blood Test				✓	✓
		High Sensitivity CRP Test - <i>Cardio Test</i>				✓	✓
Additional Exercise ECG - <i>Electrocardiogram</i>					✓		
	Cancer Checks	Bowel Cancer - <i>Men & Women Over 40</i>				✓	✓
		Prostate Disease Blood Test - <i>Men Only</i>		✓	✓	✓	✓
	Women Only	Thyroid Blood Test - <i>Women Only</i>			✓	✓	✓
		Osteoporosis Test - <i>Women Over 40</i>				✓	✓

Laboratory Blood Test (blood sample sent to a laboratory) for ferritin, liver, kidney, thyroid, prostate, ovarian, and bowel cancer. Availability for an extra £100 per person.

¹Minimum screening value must be £600 per day for on-site visits. Screening costs are not subject to VAT or Insurance Premium Tax.



Let's get started. Talk to a member of our team today.

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